

Russians Dominate At European Cup

Olhao, Portugal, May 21—It wasn't complete domination, but very close to it as Russian walkers swept four of five team and individual titles at the European Cup of Racewalking. Only in the Junior Men's 10 Km did the Russian contingent fall short. In the other four races—Junior women's 10, men's and women's 20, and men's 50—they were virtually unchallenged for either individual or team gold.

The 50 Km race went off first at 7:30 am and the race was strongly affected by hot, humid conditions. While the temperature was only in the mid 60s (F) at the start, the relative humidity was 86 percent. By the time the race finished, the temperature had risen to the mid 80s, and although the relative humidity had dropped under 50 percent by then, the athletes were suffering as the final times and the number of drop outs show.

Unfazed, Russia's Denis Nizhegorodov, the defending champion, took command early and found only one competitor willing to challenge him. With a long history of success in the event—second in the 2004 Olympics, World Cup winner in 2006 and 2008, third in 2008 Olympics—Nizhegorodov had battled injury after dropping out of the 2009 World Championships with a double rupture in his leg. He came back strongly today.

Italy's Marco De Luca challenged the Russian cautiously through the first 20 Km, holding back by six or seven meters as they went through the first 20 in 1:29:32. De Luca was holding back, not wanting to prompt Nizhegorodov into a quicker pace, but eventually pulled up even and even opened a slight gap on the Russian.

The result was what he had feared as Nizhegorodov quickened the pace. De Luca hung on until 32 Km, but then dropped away quickly as he began to wilt in the heat. Nizhegorodov walked steadily to the finish in 3:45:58—not sensational but very good considering the conditions. De Luca was eventually caught at 46 km by Russia's Igor Erokhin, who finished in 3:49:05, 68 seconds of the Italian. Yerokhin was part of chasing group of nine that broke apart over the final 10 km, with some dropping out.

Speaking after the race, Nizhegorodov said: "This was tough in the heat. But it was hot in Metz two years ago as well. It's always hard when you are at the front. The plan was to win a medal—and it was really hot—so I've got to be pleased with first.

Only seven walkers were able to better 4 hours on the steamy day and with Denis Strelkov in twelfth place, the Russians finished 4 points clear of Italy, who had Jean-Jacques Nkouloukidi in sixth and Lorenzo Dessi in tenth.. Sixteen of the 48 starters did not finish (19 if you count the three DQ's.)

An hour into the race, the Junior men started their race over the same course and in another hour, the Junior women were started (after the boys were done). So it was a busy course. The temperature at the start of both junior races was about 73 F, with relative humidity over 60 percent, so it was quite muggy for those two races.

Russia's bid for a complete sweep of gold was ended early in the junior men's race as Ukraine's Ihor Lyashchenko outlasted Germany's World Youth Champion Hagen Pohle to win in 41:26. Pohle was 10 seconds back. Russia's Dementiy Cheparev was third in 41:58.

The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$12.00 per year (\$15.00 outside the U.S.). Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matter to: Ohio Racewalker, 3184 Summit Street, Columbus, OH 43202. E-mail address is: jmortlan@columbus.rr.com. Approximate deadline for submission of material is the 24th of each month.

Ukraine's Oleksandr Verbytskyi finished 7 seconds of Russia's Pavel Parshin for fourth, Ukraine sewed u the team title as well. (Two score in the Junior races, three in the senior races.)

The first two were on their own after 8 Km (33:31) having raised the pace from about 4:20 per kilometer to about 4 minutes. Their spurt broke up a group of seven that reached 5 Km in 21:15.. Cheparev was the last to drop away, but he lost ground quickly when he did. Lyashchenko was able to pull slowly away from Pohle over the final kilometer. All of the leaders were within seconds of their personal bests, despite the heat.. In a highly competitive race, there 11 under 44 minutes and 16 under 45.

Lyashchenko said: "I train two hours a day, but I wasn't feeling that well. I was so nervous I didn't sleep—but I still thought I could make the top three, and I really enjoyed having the spectators there." Pohle added: "It was a fast course—and over the last 3k, I was sure I could get a medal, a pity it wasn't gold."

There was little competition among the junior women. The Russian pair of Yelena Lashmanova and Svetlana Yasilyeva said goodbye to the rest of the field after the first 500 meters and that was it. Nor was there a contest for the gold as Lashmanova left her teammate after 3 Km and won by nearly a minute in 43:10, a personal best and a reversal of their finish in the Russian Winter Championships in February. Ireland's Kate Veale captured the bronze medal, 2 ½ minutes behind Yasilyeva, but another 2 ½ minutes ahead of fourth place Anna Clemente of Italy.

Lashmanova said: "Svetlana beat me last time, because I wasn't feeling well. This time, it was her turn to feel under the weather." Veale paid tribute to the man who her to the bronze. "My inspiration is my coach and club mate Jamie Costin. He's been to the Olympics four times, and made sure I peaked just right," she said. "The key was not to go off to fast and it worked."

The 20 Km races, with the men starting at 4:30 and the women at 6:30 were walked with the temperature around 75 F but humidity still above 60 percent. In the men's race, Stanislaw Emelyanov, former world youth and junior champion and still not 21, proved he is ready for the senior ranks with a decisive win in 1:23:27, slow, but then there was the heat. Not that there was any doubt the Russian was ready—he was ranked third in the World last year, with a best of 1:19:43 and a gold medal in the European T&F Championships.

In today's race, Emelyanov was able to break up a race with Slovakia's Matej Toth, Spain's Benjamin Toth, and Poland's Jakub Jelonek over the last 2 Km. When, he opened up no one was able to go with him and he had an easy win in 1:23:27—modest time, but remember the conditions. With 500 meters to go, and the Russian well clear, Sanchez suddenly grabbed his hamstring like he had been shot to allow Toth, better known at 50, to sprint for silver ahead of the surprising Jelonek, who had a personal best of just 1:22:17 coming in, hardly in the class of those around him. Jelonek is a protege of former World Champion Ilya Markov. Sanchez was able to hand on for fourth, 2 seconds ahead of Italy's Giorgio Rubino.. Russians were also in sixth and eight for a decisive team win over Spain and Italy.

The pace was modest from the gun—21:09 at 5 and 42:21 at 10. but there were still only 13 in the lead group at 10. Asked about his Olympic prospects, Emelyanov noted: "It's too early to say, and the whole Russian team trained with me for this—so I didn't do anything special to get here." Jelonek noted: "My coach is Ilya Markov—and his skill has helped me. I was eighth in the European Championships (in 2010) and feel I'm getting better and better."

Vera Sokolova is history's fastest woman over 20 Km, so it was no surprise that she won as she pleased here, albeit in a modest 1:30:02. Sokolova controlled the race throughout and finished 39 seconds ahead of teammate Anisya Kirdyapkina. In the race for second, Maria Vasco shot past Kirdyapkina at 15 Km and Ireland's Olive Loughnane moved past the Spaniard. But with less than a lap to go, Loughnane was pulled by the judges and Kirdyapkina found the energy to move by Vasco for second. And then, Italy's Elisa Rigau, buried in the pack at 16 Km, moved up and easily beat Vasco for the bronze. She had made the same sort of move for Olympic bronze in 2008.

Referring to fellow Russian, Olympic champion Olga Kaniskina, Sokolova said: "Olga is very strong—and I will have to work harder than this to beat her in the future, and maybe the World Championships in August are too soon—but I'm going to try hard for next year's Olympics."

Rigau won the 50th major walking medal for proteges of coach Sandro Damilano. She said: "I certainly didn't expect to get a medal today. The goal was merely to get a qualifying time for the World Championships—and to get a medal for my eight-month old baby Elena." Results:

Jr. Women's 10 Km—1. Yelena Lashmanova, Russia 43:10 2. Svetlana Vasilyeva, Russia 44:02 3. Kate Veale, Ireland 46:32 4. Anna Clemente, Italy 49:08 5. Federica Curizzi, Italy 49:16 6. Tugce Gunes, Turkey 49:16 7. Anezka Drahotova, Czech Rep. 49:36 8. Olga Dubrovina, Russia 49:36 9. Paula Martinez, Spain 49:51 10. Halyna Yakovchuk, Ukraine 50:01 11. Charlyen Czychy, Germany 50:39 12. Eliska Drahotova, Czech Rep. 50:58 13. Diana Kacanova, Lithuania 51:06 14. Gamze Ozgur, Turkey 51:14 15. Sara Loporco, Italy 51:19 16. Amandine Marco, France 51:27 17. Ines Pastorino, France 51:44 18. Coralie Mellado, France 51:48 19. Natalia Plominska, Poland 52:06 20. Maeve Curley, Ireland 52:37 21. Sandra Troyano, Spain 52:37 22. Heather Lewis, Great Britain 52:56 23. Amanda Cano, Spain 53:06 24. Emma Prendiville, Ireland 54:15 25. Lauren Whelan, Great Britain 54:20 26. Erika Parviainen, Finland 54:31 27. Tetiana Davydenko, Ukraine 55:22 28. Sandra Monteiro, Norway 56:42 (1 DNF)

Team Score: 1. Russia 3 2. Italy 9 3. Czech Rep. 19 4. Turkey 20 5. Ireland 23 6. Spain 30 7. France 33 8. Ukraine 37 9. Great Britain 47

Jr. Men's 10 Km—1. Ihor Lyashchenko, Ukraine 41:26 2. Hagen Pohle, Germany 41:36 3. Dementiy Cheparev, Russia 41:56 4. Oleksandr Verbytskyi, Ukraine 42:08 5. Pavel Parshin, Russia 42:15 6. Alvaro Martin, Spain 42:17 7. Luis Amezcua, Spain 43:10 8. Leonardo De Tos, Italy 43:21 9. Patrik Spevak, Slovakia 43:41 10. Marcel Lehmborg, Germany 43:48 11. Dimitri Malosse, France 43:52 12. Aleks Ojala, Finland 44:00 13. Nicolas Gosselin, France 44:03 14. Massimo Stano, Italy 44:35 15. Ihor Puzanov, Ukraine 44:48 16. Juan Antonio Raya, Spain 44:49 17. Sahin Senoduncu, Turkey 45:14 18. Viktor Markus, Hungary 45:43 19. Samuel Pereira, Portugal 45:46 20. Milkos Srp, Hungary 45:51 21. Marcel Faber, Slovakia 46:06 22. Bruno Pedro, Portugal 46:19 23. Leonardo Serra, Italy 46:44 24. Edgars Gojacs, Latvia 46:55 25. Anders Hansson, Sweden 46:56 26. Adrian Dragomir, Romania 47:00 17. Evan Lynch, Ireland 47:08 28. Gerins Valters, Latvia 47:21 29. Romain Denimal, France 47:26 30. Jamie Higgins, Great Britain 47:28 21. Andrzej Lobaczewski, Poland 47:47 32. Peter Tichy, Slovakia 47:57 33. Jakub Herba, Poland 48:42 34. Lukasz Kostka, Poland 49:04 35. Ozgur Pamk, Turkey 49:12 (1 DQ)

Women's 20 Km—1. Vera Sokolova, Russia 1:30:02 2. Anisya Kirdyapkina, Russia 1:30:41 3. Elisa Rigau, Italy 1:30:55 4. Maria Vasco, Spain 1:31:41 5. Oihya Yakovenko, Ukraine 1:32:08 6. Melanie Seeger, Germany 1:32:14 7. Nadiya Borovska, Ukraine 1:32:30 8. Maria Jose Poves, Spain 1:32:26 9. Susana Feitor, Portugal 1:32:43 10. Julia Takacs, Spain 1:33:09 11. Anna Kulyanova, Russia 1:33:27 12. Jo Jackson, Great Britain 1:33:53 13. Ines Henriques, Portugal 1:34:11 14. Zuzana Schindlerova, Czech Rep. 1:34:15 15. Ana Cabecinha, Portugal 1:34:31 16. Brigita Virbalyte-Dimsiene, Lithuania 1:34:35 17. Nastassia Yatsevich, Belarus

1:35:21 18. Marie Polli, Switzerland 1:35:37 19. Federica Ferraro, Italy 1:35:48 20. Yelena Shumkina, Ukraine 1:36:20 21. Laura Reynolds, Ireland 1:36:31 22. Tatyana Korotkova, Russia 1:36:43 23. Neringa Aideityte, Lithuania 1:36:55 24. Ana Maria Groza, Romania 1:37:18 25. Katarzyna Kwoka, Poland 1:37:23 26. Lucie Pelantova, Czech Rep. 1:37:37 28. Eleonora, Girogi, Italy 1:38:29 29. Emilie Menuet, France 1:38:33 30. Antonella Palmisano, Italy 1:39:00 31. Agnieszka Dybacz, Poland 1:39:16 32. Agnieszka Szarnog, Poland 1:39:45 33. Hanna Drabenia, Belarus 1:39:53 34. Laura Polli, Switzerland 1:40:01 35. Maie Olsson, Sweden 1:40:20 36. Anna Kazemaka, Latvia 1:40:57 37. Edina Fusti, Hungary 1:41:00 38. Anne Halkivaha, Finland 1:41:01 (46 finishers, 3 DQ including Olive Loughnane, Ireland and Claudia Stef, Romania, 6 DNF including Kristina Saltanovic, Lithuania)
Team Scores: 1. Russia 14 2. Spain 22 3. Ukraine 32 4. Portugal 37 5. Italy 50 6. Czech Rep. 867. Poland 88 8. Hungary 122

Men's 20 Km—1. Stanislav Emelyanov, Russia 1:23:27 2. Matej Toth, Slovakia 1:23:53 3. Jakub Jelonek, Poland 1:23:59 4. Benjamin Sanchez, Spain 1:24:12 5. Giorgi Rubino, Italy 1:24:14 6. Vladimir Kanayhkin, Russia 1:24:20 7. Miguel Angel Lopez, Spain 8. Andrey Krivov, Russia 1:25:14 8. Antonin Boyez, France 1:25:21 10. Robert Heffernan, Ireland 1:25:34 11. Kevin Campion, France 1:25:50 12. Matteo Giupponi, Italy 1:26:30 13. Sergey Morozov, Russia 1:26:44 14. Federico Tontodonati, Italy 1:26:49 15. Nazar Kovalenko, Ukraine 1:27:03 16. Pedro Isidro, Portugal 1:27:39 17. Anton Kucmin, Slovakia 1:28:14 18. Grzegors Sudol, Poland 1:28:49 19. Francisco Arcilla, Spain 1:28:59 20. Marius Ziukas, Lithuania 1:29:16 21. Emmanuel Boulay, France 1:29:45 22. Rafal Sikora, Poland 1:29:52 23. Veli-Matti Pertaine, Finland 1:29:54 24. Dawid Wolski, Poland 1:30:33 25. Alex Wright, Great Britain 1:30:36 26. Jose Ignacio Diaz, Spain 1:31:05 27. Bertrand Moulinet, France 1:31:26 28. Oleksandr Venhlovskyy, Ukraine 1:31:30 29. Brendan Boyce, Ireland 1:32:17 20. Heikki Kukkonen, Finland 1:32:29 31. Tom Bosworth, Great Britain 1:32:48 32. Ruslan Dmytrenko, Ukraine 1:32:55 33. Michael Doyle, Ireland 1:34:24 34. Kemal Gelecek, Turkey 1:36:35 35. Karel Ketner, Czech Rep. 1:40:16 36. Lauri Eleumees, Estonia 1:42:57 (3 DQ, 11 DNF, including Andre Hohne, Germany and the two Vieiras of Portugal as the most prominent.)

Team Scores: 1. Russia 15 2. Spain 30 3. Italy 31 4. France 41 5. Poland 43 6. Ireland 72 7. Ukraine 75

Teams Score: 1. Ukraine 5 2. Russia 8 3. Germany 12 4. Spain 13 5. Italy 22 6. France 24 7. Slovakia 28 8. Hungary 33 9. Portugal 41 10. Turkey 51 11. Latvia 52 12. Poland 64

Men's 50 Km—1. Denis Nizhegorodov, Russia 3:45:58 2. Igor Yerokhin, Russia 3:49:05 3. Marco De Luca, Italy 3:50:13 4. Christopher Linke, Germany 3:52:56 5. Artur Brzozowski, Poland 3:53:51 6. Jean-Jacques Nkouloukidi, Italy 3:54:19 7. Rafal Augstyn, Poland 3:54:38 8. Michal Stasiewicz, Poland 4:02:51 9. Oleksiy Kazanin, Ukraine 4:03:19 10. Lorenzo Dessi, Italy 4:04:00 11. Teodorico Caporaso, Italy 4:04:12 12. Denis Strelkov, Russia 4:04:36 13. Luis Manuel Corchete, Spain 4:04:25 14. Miguel Angel Prieto, Spain 4:06:45 15. Ferran Collados, Spain 4:06:57 16. Pedrag Filipovic, Serbia 4:07:54 17. Xavier Le Coz, France 4:08:04 18. Ivan Losyev, Ukraine 4:10:02 19. Augusto Cardoso, Portugal 4:10:03 20. Ato Ibanez, Sweden 4:10:54 21. Dzianis Krauchuk, Belarus 4:13:31 22. Claudio Villanueva, Spain 4:14:27 23. Dusan Majdan, Slovakia 4:15:10 24. Serhiy Budza, Ukraine 4:16:25 25. Dominic King, Great Britain 4:18:56 25. Jorge Costa, Portugal 4:25:04 27. Sandor Racz, Hungary 4:28:09 28. Robert Tubak, Hungary 4:33:47 29. Margus Luik, Estonia 4:34:11 (3 DQ including Andreas Gustafsson, Sweden, 16 DNF, including Colin Griffin, Ireland and Trond Nymark, Norway as the most prominent.)

Team Scores: 1. Russia 15 2. Italy 19 3. Poland 20 4. Spain 42 5. Ukraine 51

Borchin, Kaniskina Prevail In Italian Challenge Races

Sesto San Giovanni, Italy, May 1—Two weeks earlier, Russia also cleaned up in the fourth leg of the IAAF Racewalking Challenge. Olympic and World Championship gold medalists Valeriy Borchin and Olga Kaniskina won the 20 Km races of the Coppa Citta di Sesto San Giovanni.

Borchin went to the lead with Japan's Yusuke Suzuki in the early stages of the men's race, followed by Hassanine Sebei of Tunisia, Petr Trofimov from Russia, Jose Leyver Ojeda of Mexico, and Isamu Fujisawa of Japan. Borchin went through 5 Km in 20:28 and then increased his pace to break away from Suzuki. He passed 10 Km in 40:14 and 15 Km in 19:47, before romping home in 1:19:43, 2:28 ahead of Fujisawa, who caught and then edged away from Sebei.

"The weather did not create any problems for me," said Borchin. "I liked the course where I heard the support of a lot of my compatriots. This was my last test before (Daegu World Championships)."

Olympic 50 Km champion Alex Schwazer of Italy finished 12th in 1:24:15 in his first race of the year since recovering from a knee injury sustained during a skiing accident. "This result was in line with what I expected on the eve of the race. I don't like finishing 12th but it was just a test to prepare for Daegu. I started training again only two months ago and I am aiming to reach my peak in Daegu," said Schwazer.

In the women's race, Spain's Beatriz Pascual took the lead early, followed closely by Kaniskina as they established a gap of about 40 meters on the rest of the field. The pair went through the first 5 in 22:18 and reached 10 in 44:45. At 13 Km, Kaniskina unleashed an attack and switched gears, breaking away to a decisive lead as she reached 15 Km in 1:07:14. The race for first was over at that point, but Pascual had to hold off Portugal's Ines Henriques for third with Vera Santos in fourth.

"I feel honored to compete in Sesto for the first time in my career," said Kaniskina. "It means a lot to win this race and add my name to the list of athletes who have made the history of the Cup. I enjoyed the great support from the crowd along the course. I will now return home to prepare for my title defense in Daegu, where I am aiming at a third World title." The results:

Men: 1. Valeriy Borchin, Russia 1:19:43 2. Isamu Fujisawa, Japan 1:22:11 3. Hassanine Sebei, Tunisia 1:22:23 4. Petr Trofimov, Russia 1:22:47 5. Yusuke Suzuki, Japan 1:22:53 6. Jose Leyver Ojeda, Mexico 1:22:56 7. Andre Hohne, Germany 1:22:58 8. Ivan Trotskiy, Belarus 1:23:45 9. Joao Vieira, Portugal 1:23:58 10. Caio Oliveira, Mexico 1:23:59 11. Sergey Kirdyapkin, Russia 1:24:04 12. Alex Schwazer, Italy 1:24:18 13. Erick Barrondo, Guatemala 1:24:32 14. Jarkko Kinnunen, Finland 1:24:48 15. Pedro Daniel Gomez, Mexico 1:25:22 16. Alexandros Papatimacheal, Greece 1:26:16 17. Allan Segura, Costa Rica 1:26:35 18. Rolando Saquipay, Ecuador 1:26:36 19. Cristian Berdeja, Mexico 1:26:54 20. Cristian Gomez, Mexico 1:27:07 21. Matteo Giupponi, Italy 1:27:34 22. Diego Cafagna, Italy 1:27:41 23. Daniele Paris, Italy 1:27:54 24. Hedi Teraoui, Tunisia 1:28:18 25. Tadas Suskevicius, Lithuania 1:28:40 26. Fortunato D'Onofrio, Italy 1:29:06 27. Alejandro Cambil, Spain 1:29:07 28. Mandres Arteaga Sanchez, Ecuador 1:30:01 29. Maik Berger, Germany 1:30:01 30. Takeshi Okuma, Japan 1:30:23 (35 finishers, 6 DQ, 10 DNF)

Women: 1. Olga Kaniskina, Russia 1:29:32 2. Beatriz Pascual, Portugal 1:30:16 3. Ines Henriques, Portugal 1:30:29 4. Vera Santos, Portugal 1:31:42 5. Claudia Stef, Romania 1:33:07 6. Kristina Saltanovic, Lithuania 1:33:19 7. Larisa Yemelyanova, Russia 1:33:30 8. Ana Cabecina, Portugal 1:34:03 9. Ana Maria Groza, Romania 1:34:11 10. Brigita Virbalite, Lithuania 1:35:33 11. Serean Pruner, Italy 1:37:11 12. Nino Pinedo, Spain 1:37:31 13. Rei Inoue, Japan 1:37:43 14. Christine Guinaudeau, France 1:38:05 15. Mima Ortiz, Guatemala

1:38:14 16. Chaima Trabelsi, Tunisia 1:38:53 17. Lorena Castrillo, Spain 1:39:42 18. Laura Polli, Switzerland 1:40:24 19. Sandra Galvis Gomez, Colombia 1:40:48 20. Alessandra Picagevicz, Brazil 1:44:19 (24 finishers, 5 DQ, 6 DNF)

World Challenge Standings following these races:

Men: 1. Eder Sanchez, Mexico 25 2. Valeriy Borchin, Russia 24 3. Jared Tallent, Australia 20 4. Jose Leyver Ojeda, Mexico 18 5. Zhen Wang, China 18 6. Hassanine Sebei, Tunisia 17 7. Yafei Zhu, China 16 8. Horacio Nava, Mexico 16 9. Matej Toth, Slovakia 13 10. Ding Chen China and Tianfeng Si, China 12
Women: 1. Ines Henriques, Portugal 16 2. Vera Santos, Portugal 25 3. Olga Kaniskina, Russia 24 4. Beatriz Pasqual, Spain 20 5. Hong Liu, China 18 6. Susana Feitor, Portugal 15 7. Ni Gao, China 11 8. Shenjie Qieyang, China and Melanie Seeger, Germany 10

National Title To Barron

No details on the race as 18-year old Trevor Barron won his second national title, apparently recovered from the knee injury that caused him to drop out of the Pan Am Cup Junior 10 Km.

USATF National 15 Km (Open, Junior, and Masters), Riverside, Cal., May 11: Men (Asterisks indicate winners in Masters age division)—1. Trevor Barron, New York AC 1:03:37 ((Also first and only male junior) 2. Tim Seaman (39), New York AC 1:09:15* 3. Mark Green (55), Pegasus AC 1:19:21 * 4. Andrew Smith (61), Pegasus AC 1:22:42* 5. Leon Jasionowski (66), Pegasus 1:25:28* 6. Bill Reed (58), Pegasus 1:28:17 7. Norm Frable (65), So. Cal TC 1:29:15 8. Alexander Price (29), Pacific RW 1:29:54 9. Michael Blanchard (49), High Altitude RW Team 1:30:01* 10. Alex Kazaryan (56), un., Los Angeles 1:32:02 11. Rick Campbell (65), So. Cal TC 1:34:09 12. Tommy Aunan (52), High Altitude RW Team 1:34:58* 13. John Backlund (71), So. Cal. TC 1:43:59* 14. William Hosken (73), Parkside AC 1:44:29 15. Art Morrow (53), So. Cal TC 1:45:25 16. Al Cazas (53), Inland Empire RW 1:48:10 17. Patrick Bivona (70), Inland Empire 1:49:14 18. Bill Moremen (83), So. Cal. FRW 1:54:20

Women: Guest: Rachel Seaman, Canada 1:14:02 1. Lauren Forgues (23), un. Maine 1:14:15 2. Tamara Stevenson (41), Wasatch Walkers 1:29:03* 3. Lila Haba (15), Santa Cruz TC 1:31:09 (1st junior) 4. Marianne Martino (60), High Altitude RW Team 1:33:38* 5. Darla Graff (43), World Class RW 1:36:37 6. Vicki Pritchard (52), World Class RW 1:36:47* 7. Diana Rossman (44), Santa Cruz TC 1:38:00 8. Louise Walters (71), Sierra RW 1:40:39* 9. Susan Mears (56), Pacific RW 1:40:40* 10. Diane Brandt (63), World Class RW 1:43:45 11. Jolene Steigerwalt (67), So. Cal TC 1:44:06* 12. Carol Alexander (51), World Class RW 1:45:41 13. Yvonne Grudzinska-Glaser (56) Central Florida Walkers 1:46:20 14. Jode Corral (15), LSI Sprint 1:48:04 (2nd junior) 15. Paula Graham (48), Tidewater Striders 1:48:34 16. Darlene Backlund (65), So. Cal TC 1:48:41 17. Kathy Frable (65), So. Cal. TC 1:52:49 18. Jenny Dean (59) Inland Empire RW 2:13:53

Impressive performances at:

Penn Relays, Philadelphia, April 30: Men's 10 Km—1. Dan Serianni, World Class RW 44:32.55 2. Josh Wiseman, Cedarville Col. 44:34.88 3. Mike Mannozi, Miami Valley TC 44:57.44 4. Kris Shear, Cornerstone U. 45:11.51 5. Richard Luettichau, Shore AC 45:13.11 6. Joel Pfahler, Cedarville 50:19.99 Juniors—1. Bruno Carriere, Champions International 47:57.90 2. Michael Nemeth, Wings of Moon 49:10.30 3. Jonathan Hallman, un. 52:55.10 Masters—1. Dave Talcott, Shore AC 48:15.96 2. Bill Vayo, un. 56:17.61 **Women's 5 Km**—1. Solomiya Logan, Southeastern Pa. AC 23:35.03 2. Jessica Ching, Walk USA 23:51.84 3. Erin Talcott,

Shore AC 23:57.01 4. Eric Bresnahan, Walk USA 24:34.38 5. Katie Brunett, William Penn U. 24:34.40 6. Linday Harman, Champions International 25:45.04 7. Tina Peters, Miami Valley TC 26:54.48 8. Rachel Phillips, Huntindon Col. 27:17.28 Masters—1. Maryanne Daniel, Conn. RW 26:25.52 2. Panseluta Geer, Shore AC 31:41.43 **Junior Women's 5 Km**—1. Abby Dunn, Maine RW 25:33.41 2. Courtney Williams, Maine RW 26:09.97 3. Crosby Tillman, Somers HS 26:11.79 4. Kelly Maranchuck, Walk USA 27:04.43 5. Molly Josephs, Walk USA 27:13.86 6. Katie Michta, Walk USA 27:22.46 7. Diana Quinde, Viper TC 27:34.73 9. Nicole Court-Menendez, Maine RW 28:18.40 10. Amanda Catherall, Walk USA 28:22.37 11. Liba Haba, Santa Cruz 28:23.05 12. Ruth Bariass, un. 30:26.26 (1 DQ)

Other Results

5 Km, Portsmouth, N.H., May 15—1. Abby Dunn (17) 26:16.4 2. Nicole Court-Menendez (16) 29:23.9 3. Ed O'Rourke (49) 29:59.3 4. Brian Savilonis (60) 30:08.3 5. Kioshi Imai (53) 30:57.6 6. Stephen Mayeus (46) 31:24.1 7. Tom Knatt (70) 35:51.5 8. Sue Copp-Silva (57) 38:19.6 **3 Km, same place**—1. Ian Rixon (17) 15:32.2 2. Spencer Dunn (13) 18:33

Jack Mortland Racewalks, Dayton, Ohio, May 8: 20 Km—1. Mike Manozzi 1:36:02 2. Matt Forgues (19), Ashford U. (Iowa) 1:40:40 3. Alek Jacobsen (19), Ashford 1:50:00 4. Chris Schmid (64), World Class RW 1:50:37 5. Susan Randall, Miami Valley 1:50:45 6. Erika Shaver (19), World Class RW 1:55:03 7. Jamie Brooks (41), World Class RW 2:09:06 8. Russ McMahon (57), Miami Valley 2:09:13 9. Tom Belford (62), Pegasus TC 2:24:55—Mannozi and Forgues were together at 5 Km in 24:16. Mannozi, starting to pull away, hit 10 in 48:22 and 15 in 1:12:25. Aiming for a 1:36 Olympic Trials qualifier, he pushed the final 5 but fell two seconds short. He has lots of time to shave off that 2 seconds. Great effort by Forgues, coming back from injury and by Jacobsen, in his first 20. A month earlier he managed only 28:13 in a 5 Km race. Shaver was also in her first 20 and turned in an impressive performance.

10 Km—1. Jill Cobb (36), Miami Valley 52:38 (One of the occasional appearances for the former international—best of 1:34:50 in 2000—who may or may not be staging a comeback.) 2. Omer Nash (37) Miami Valley 56:39 3. Paul Trembley, World Class RW 58:23 4. Joyce Prohaska, (6) Over the Hill TC 64:42 5. Cathy Marfield (59), Pegasus TC 64:42 **5 Km**—1. Damon Clements (54), un., Indiana 28:57 2. Alexandra Brown (15), Miami Valley 30:17.3 3. Barb Hensley (67), Miami Valley 39:23 4. Jack Shuter (81), Buckeye Striders 44:45

Mid-South Collegiate Conference 5000 meters, Rio Grande, Ohio, April 30—1. Ricardo Vergara, Lindsey Wilson 22:52.54 2. Kyle Hively, Rio Grande 23:40.42 3. Roberto Vergara, Lindsey Wilson 23:44.44 4. Jordan Green, Lindsey Wilson 27:49.47 5. Kyle Goode, Rio Grande 29:23.31 6. Doug Kalmbach, Shorter 30:59.31 (8 finishers) **Women**—1. Megan Furnish, Lindsey Wilson 25:56.31 2. Chelsea Conway, Lindsey Wilson 26:26.00 3. Reine Brickson, Lindsey Wilson 27:50.71 4. (5 finishers) **20 Km, Pleasant Prairie, Wis., May 8**—1. Ben Shorey 1:35:15 2. William Hosken 2:22:40 DNF—Jack Bray and Al Dubois, both 15 Km in 1:50:03; Sam Cohen, 10 Km in 50:10 **5 K, Houston, April 17**—1. Laura Draelos 30:45 2. Kerri Segell 32:21 3. Virginia Myers 34:11 4. Roy Cope 35:53 (9 finishers) **5 Km, Hedwig Village, Texas, May 8**—1. Stevie Berry (11) 31:18.3 2. Dillon Berry (13) 32:36.9 3. Willam Kilgore (60) 33:12.8 4. Lojza Vosta (72) 34:12.2 **10 Km, same place**—1. Ben Barlass (49) 32:50 **20 Km (track), Banks, Oregon, April 30**—1. Kati Grimes (47) 1:57:21 2. Michelle Cunningham (53) 2:14:41 **10 Km, same place**—1. Ron Frank (50+) 55:20.31 2. Dennis Robeson (60+) 61:43 **Women**—1. Nana Bellurud (50+) 65:46 **5 Km, same place**—1. Carmen Jacinsky (40+) 28:19 2. Ron Mackie (70+) 35:54

African Junior 10,000 meter Championship, Gaborone, Botswana, May 13—1. Yesref Tewfik, Algeria 46:04.04 2. Buzuneh Bekele, Ethiopia 47:33.18 3. Gameda Teshome Daba, Ethiopia 49:15.52 4. Ruan Wessels South Africa 49:43.75 5. Mfana Mbatha, South Africa

52:59.21 6. Onkarabile Swimbo, Totswana 53:12.45 **Women's 5000, May 15-1.** Shefrawe Aynalem Eshetu, Ethiopia 22:59.19 2. Ayele Adanech Mengistu, Ethiopia 24:55.73 3. Ghazal Tahani, Tunisia 26:06.04 4. Inge Kotze, South Africa 29:34.66 **10 Km, Eriino, Russia, May 9-1.** Tatyana Korotkova 44:11 2. Elvira Alembekova 44:53 Men-1. Sergey Sergachev 40:52 **5000 meters, Gdansk, Poland, May 8-1.** Wojciech Halman 19:45.62 **20 Km, Patiala, India, May 3-1.** Gurmeet Singh 1:20:35 (National record. Previous record 1:23:06 by Babubhai Panocha in 2009) **10 Km, Banska Bystrica, Slovakia, April 29-1.** Matej Toth 39:24.8 2. Anton Kucmin 39:47 **20 Km, Birstonas, Lithuania, April 30-1.** Marius Ziukas 1:22:55 **Women's 10 Km, same place-1.** Agnese Pastare, Latvia 46:28

Come Join In the Fun, But Please Do Not Run

Sat. June 4 **National USATF Junior and Open 10 Km, Albany, N.Y., (L)**
5 Km, Fontana, Cal. (U)
5 Km, Felton, Del. (T)
10 Km and 1 Hour, Wauwatosa, Wis. (I)

Fri. June 10 Southeast Masters 1500 meters, Raleigh, N.C., 4 pm (V)

Sat. June 11 Michigan USATF 5 Km, Hillsdale (F)
West Region Masters 5 Km, Costa Mesa, Cal. (Y)
Ohio 10 Km (With 20 Km option), Yellow Springs (M)
Southeast Masters 5000 meters, Raleigh, N.C., 7:30 am (V)

Sun. June 12 North Region 5 Km, St. Paul, Minn. (S)
5000 meters, San Mateo, Cal. (J)

Wd. June 15 1 Mile, Yellow Springs (M)

Fri. June 17 5 Km, Georgetown, DE. (T)

Sun. June 19 1 Mile, Santa Cruz, Cal. (J)

Wed. June 22 3 Mile, Huntington Woods, Mich. (F)
1 Mile, Yellow Springs, Ohio (M)

Sat. June 25 5 Km, Middleton, Del. (T)
National USATF Jr. Men and Women 10,000, Eugene, Oregon (D)

Sun. June 26 **National USATF Men's and Women's 20 Km, Eugene, Oregon (D)**
5 and 10 Km, Pasadena, Cal. (U)
1 Mile, Portland, Oregon ((Z))

Mon. June 27 5 Km, Long Branch, N.J., 6:45 pm (A)

Sat. July 2 5 Km, Dover, Del. (T)

Sat. July 9 State Games of Oregon 3 Km (Z)

Mon. July 11 5 Km, Long Branch, N.J., 6:45 pm (A)

Mon. July 18 5 Km, Long Branch, N.J., 6:45 pm (A)

Thur. July 21 1500 and 3000 meters, Yellow Springs, Ohio (M)

Mon. July 25 5 Km, Long Branch, N.J., 6:45 pm (A)

Sun. July 31 5 Km, Rehobeth, Del. (T)

Mon. Aug. 1 5 Km, Long Branch, N.J., 6:45 pm (A)

Sat. Aug. 6 5 Km, Dover, Del. (T)
Virginia USATF 1500 meters, Virginia Beach (W)

Mon. Aug. 8 5 Km, Long Branch, N.J., 6:45 pm (A)

Sat. Aug. 13 West Region 3000 meters, Reno, Nevada (J)

Sun. Aug. 14 10 Km, Portland (Z)

Mon. Aug. 15 5 Km, Long Branch, N.J., 6:45 pm (A)

Mon. Aug. 22 5 Km, Long Branch, N.J., 6:45 pm (A)

Sat. Aug. 27 5 Km, Bear, Del. (T)
10 Mile, Flint, Mich. (F)

Contacts:

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764
B--Daniel Koch, South Florida Racewalkers, 954-970-9634, racewalker@bellsouth.net
C--Stan Chraminski, 8036 Sunnyside Ave. North, Seattle, WA 98133, chraminski@comcast.net
D--www.USATF.org
E--Bill Vayo, 25 Rockledge Avenue, #116 East, White Plains, NY 10601
F--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073
G--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072
H--Bob Carlson, 2261 Glencoe St., Denver CO 80207
I--Matt DeWitt, ccwalker-uwp@yahoo.com
J--Art Klein, 324 Alta Vista, Santa Cruz, CA 95060
K--Indiana Racewalking Club, P.O. Box 1302, Indianapolis, IN 46206
L--Dave Lawrence, 94 Harding Avenue, Kenmore, NY 14217
M--Vince Peters, 607 Omer Circle, Yellow Springs, Ohio 45387 (937-767-7424)
N--Potomac Valley TC, 3140D West Spring Drive, Endicott City, MD 21043
O--A.C. Jaime, acjaime@sbcglobal.net
P--Lon Wilson, 1020 Grand Concourse, Suite 15X, Bronx, NY 01451
Q--New Mexico Racewalkers, P.O. Box 90111, Albuquerque, NM 87199
R--Bob Carver, 1002 Catalpa Lane, Orlando, FL 32806
S--Bruce Leasure, info@twincitiesracewalkers.org
T--Micheale Lessard, P.O. Box 995, Dover, DE 19903
U--Elaine Ward, 945 S. Orange Grove Beach, Paasadena, CA 91105
V--Michael Roth, michael@mjroth.com
W--Steve Durrant, 211 66th St., Virginia Beach, VA 23451, sdurrantrdh@cox.net
X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)
Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201
Z--www.rwnw.com

From Heel To Toe

Old Errata. Ray Somers recently brought to my attention an ORW mistake of nearly a year ago. Ray says: "So I just got around to indexing my 2010 ORWs. Silly question: June issue National 15 Km results; August issue different National 15 Km results. Strange?" Not a silly question and strange indeed. Explanation. The National 15 Km reported in the June issue, in which I credited Tim Seaman with his 44th National title, was actually the National **Masters** 15 Km. The National title race, as reported in August, was held in Minnesota that month. With my failing senior memory, I didn't realize that I had already reported a national title race (mistakenly). What is really strange, however, is that I don't recall anyone calling me on my mistake after the June issue was published. So, maybe no one actually reads this stuff? .

Obituary department. Albert Johnson, British Olympic racewalker in 1956 and 1960, died on May 20 at age 80 in Hobarth, Australia. He was born in Sheffield, Yorkshire and lived on the Isle of Man from 1967 to 1974 when he migrated to Australia, having fallen in love with the country while competing at the 1956 Games. He has lived in Tasmania since, coaching many walkers and distance runners to a national and international standard. Also, Elliott Denman learned of the passing of Ray Smith at age 80, also in Australia, last June. Ray also competed in the 1956 Games, representing Australia and finishing sixth in the 50 Km event.

(Johnson was eighth in the same event and Elliott was in tat race, too.) Smith claimed a combined 14 state and national medals in racewalking and remained involved in the sport as both official and administrator, including 26 years as an IAAF judge. He officiated at two Olympics and five World Cups and was on the IAAF Racewalking Committee. Elliott remembers Ray as a good friend. "Ray was a truly wonderful gentleman, full of life. He dedicated so much of that life to racewalking, as great athlete, coach, and renowned IAAF judge. He traveled widely and had an open invitation to visit us here in New Jersey. . . we always said 'someday'. We exchanged e-mails for many years. . . lots of jokes, and commentary on the world scene, but none for quite a while. Now, so sadly, I know the reason." . . . **De Witt on the move.** A year after he left the very successful program he had established at U. of Wisconsin- Parkside to coach men's and women's track and cross country at Ave Maria University in Florida, Mike DeWitt is has been named to the same position at Belmont Abbey College. During his 29 years at Parkside, where his eams became a national power in track and cross country, he also developed a strong program in racewalking. Mike coached six US. Olympic Racewalkers, and has coached over 25 athletes to positions on World Championship, World Cup, and/or World Junior Championships through the univesity and the Parkside Athletic Club. He was the had coach of the U.S. Pan Am Cup of Racewalking team in 2002 and was named as a U..S. National Associate Coach on several occasions.. His training programs have been noted as a model for success by the USATF Elite Athlete Testing Program. In 2000, he was elected to the NAIA Hall of Fame for Coaching. As a competitor, Mike represented the U.S. In international competition on seven different occasions, including the 1989 World Cup of Racewalking . **Interesting.** Several weeks ago, I received the following commentary from an Ohio Racewalker who prefers to remain anonymous. Because of its controversial aspects, I ran it by Bob Bowman, IAAF Racewalk Commttee member and former Chair. He, in turn, ran it by Pierce O'Callaghan, who was one of the IAAF Judges at the subject Russian Winter Championships and who, along with me, helps Bob in compiling the T&F News world racewalk rankings. Neither saw any reason not to give it wider distribution and Peirce, while he has no knowledge of any doping, said he wouldn't be surprised. So here is the commentary I received from my subscriber: "I received my ORW yesterday, and saw Sokolova's time at Adler/Sochi (Russian Winer Championships). Then today, I received this message form a friend in Russia: . . . of course Chyogin's athletes won. His Sokolova won with a world record, but didn't go to doping control so that the record would be ratified. Of course this means she competed 'dirty'! The Federation closes its eyes to his doping experiements so competing against his athletes is very difficult"" After consulting with Bob, I put put this on the Yahoo racewalking list, but the item received little comment. So now I am sharing it here. I personally have no comment on the veracity of the charge, and, of course, the Russian source could just have a bone to pick with the Federation or the coach. Interesting, nonetheless. Does it bring to mind Lance Armstrong? I would prefer to believe that both he and Coach Chyogin's athletes are clean. But, I sure don't know. . . **From salmonella to training camps.** A report from Germany stated: "A salmonella poisoning stopped the preparation for 30-year-old German walker Sabine Krantz. She returned only this winter after a baby break to win the national indoor championship. The preparation continued well and Krantz traveled home from altitude training camp in Flagstaff, Arizona with good results. Then the illness came and she was forced to stop the training for two weeks. Last weekend she completed her first slow workout. She now has only two solid chances for achieving the World Championship standard--at the national championships in June and later that month at the meeting in Dublin." This little item got Elliott Denman to thinking as follows: For years, I've heard that many global racewalking (and running) stars come to the U.S. (Arizona frequently) to avail themselves of American hospitality and winter season training camps. But, I've never, ever heard of any of them being invited to partake of American activities (such as actually competing in our races, or doing

clinics to help the locals get a bit faster and improve their technique) while here. They seem to do all this in anonymity, racking up the kilometers with hardly anyone from local racewalking communities even knowing they were right here, right in our midst. Well, how about changing this situation in the future? How about finding out the specifics—who, where, when—and extending invitations. I think it would be great for everybody—the visitors and the visited. Win-win-win for one and all. How about it???

Certification As An Official

(From USATF National Racewalk Committee Chair Vince Peters)

Without judges insuring a fair and level competition there wouldn't be any racewalking. So, one of the most frequently asked questions in racewalking always is "How can I become a judge?"

So, how do you become a judge?

The initial level of racewalk judge is achieved simply by taking an open book test. Since racewalking is an additional skill earned, you will need to take both the racewalk open book and the normal official open book (This is why most officials don't know how to judge racewalking—it is a separate test.) It can take upwards of two-to-three hours to go through the rule book to complete both tests. The test are found at:

<http://www.usatf.org/groups/officials/certification/forms.asp>

Specifically you need the Test for New Officials and the Test for New RW Judge/Official.

The source materials for the tests (actually called "Reviews") are the current rule book and the 2008 Race Walk Officiating Handbook. These are available at:

<http://usatf.org/About/Competition-Rules.aspx> and
<http://usatf.org/groups/officials/resources/race-walking>

After that, it is a matter of asking to shadow a judge at any competition you are at and progressing from new official to the association level official

Of course your local association's Certification Chair should be able to guide you through all of the this. You can find your local Certification Chair's contact information at:

<http://www.usatf.org/groups/officials/certification/>

LOOKING BACK

50 Years Ago (From Chris McCarthy's May 1961 Midwest Walker)—John Allen won the National 50 Km on Long Island in 4:38:19, beating Ron Laird (4:40:16) and Ron Zinn (4:44:39). Carl Kurr was fourth in 4:46:33, with Bruce MacDonald, Elliott Denman, and Bob Mimm were also under 5 hours. There were 22 finishers. . . Your editor won a 25 Km in Chicago in 2:05:57, better than 6 minutes ahead of Rimas Vacaitis and 7 ahead of Jack Blackburn. However, the course, which had long been in question because the lap around the park just happened to be exactly 1 Mile, was actually measured shortly after and proved to somewhat less than a mile. Based on a comparison of the winner's splits in this race and in the

National 25 on the same course a month later, the performance was worth about 2:11:30. I wasn't fit for 25 Km. The first 13 laps averaged 7:52, the last two were 9:30 and 9:40 and the final 954 yards took 5:27.



1930s. (An insert looking way back, before your editor's birth.) Here is another picture found by Steve Vaitones on the world wide web. Pictured is Janis Dalins, Latvia on his way to European gold in 1934. Dalins was born in 1904 and died in 1978. He was Latvia's first Olympic medalist, finishing second in the 50 Km at the 1932 Los Angeles Olympics in 4:57:20. The race was won by Great Britain's Tommy Green in 4:50:10. Two years later, Dalins won the European 50 Km title. He did not finish in the 50 at the Berlin Olympics (1936). In 1939, walked his personal best of 4:37:50. His best 20, 1:34:26, was credited as a World record in 1933. He also walked records of 2:00:46 for 25 in the same year and 2:31:30.5 for 30 in 1934. He took his family to Australia in 1949, fleeing the Soviet invasion of Latvia. He lived the rest of his life there. In Latvia, a phrase "Ak, kauf man Dalina k ajas Bullu" (Oh, if I had Dalins' legs), originally a 1930s song title, remains widely known and a stadium in his hometown is named after him. Two other Latvians have followed him as Olympic 50 medalists—Adalberts Bubenko with bronze in 1936 and Aigars Fadejevs with silver in 2000.

45 Years Ago (From the May 1966 ORW)—The National 35 Km went to Ron Laird in 2:35:20, more than 15 minutes ahead of Goetz Klopfer. Bob Bowman and newcomer Larry Young finished third and fourth. . Ron Daniel and Canadian Karl Merschenz walked a dead heat in a fast 20 Km in Ontario, finishing in 1:32:48. . Young was improving fast, finishing just 7 seconds behind Larry Walker's 13:54 in a 2 mile race in L.A.

40 Years Ago (From the May 1971 ORW)—Tom Dooley won the National 20 Km, edging Athens AC teammate Goetz Klopfer in San Francisco. Tom had 1:32:18 with Goetz returning 1:32:38 in second and Larry Young 1:33:34 in third. Aging Ron Laird could manage only fourth ahead of John Knifotn, Floyd Godwin, and Bill Ranney. Ranney finished in 1:35:40 and Bob Henderson, way back in 14th, broke 1:40 in the fastest mas finish in U.S. history to that date. . Young did better at 35 Km, beating Laird on his home ground in Pomona with a

3:02:22. Ranney, Bob Bowman, John Kelly, and Mike Ryan followed. . And Laird did better in the National 10 in Chicago, building an early lead and then hanging on to beat Floyd Godwin 47:10 to 47:18. Greg Diebold, Bob Henderson, some old dude named Mortland, and Jerry Brown followed. . Host Elliott Denman edged George Braceland in a Monmouth, N.J. 50 miler. Elliott had an 8:35:56 to Georg's 8:58:05. Some 20 minutes further back, our own Jack Blackburn hung on to beat Larry O'Neil for third. . John Knifton turned in 4:19:38 for 50 Km at the same site. . Dave Romansky had 20 Km efforts of 1:33:04 and 1:33:27, but suffered a DQ in that national race. . In Luxemborug, Charley Sowa, who finished one place and 19 seconds ahead of your editor seven years earlier in the Tokyo Olympics 20 Km, covered 214,050 meters in 24 hours, averaging under 5:40 per 50 Km. (At that time, your editor covered 214 Km in a good month of training.)

35 Years Ago (From the May 1976 O RW)—Still a force in his late 30s, Ron Laird won the National 20 in New York in 1:33:53, the National 10 in Boulder, Colorado in 45:07, and National 15 on the track in Champaign, Illinois in 1:08:49. In the 20, Dan O'Connor was second in 1:35:41, followed by Larry Young, Wayne Glusker, Jim Heiring, and Bob Kitchen. In the 10, Jerry Brown stayed close for 3 miles (21:20 to 21:45), but was DQ'd at 4 miles. Greg Maguire came second in 48:36 and Floyd Godwin was third. John Knifton was second in the 15, with Brown, Godwin, Alan Price, and Jerry Young next. . Laird also got fourth walking as a guest in the 20 Km of a Mexico-Canada dual meet with a 1:29:51. Daniel Bautista had 1:25:13 and Raul Gonzales 1:25:53. In the 10 Km, Laird finished third in 35:23, with Domingo Colin returning 43:49. (Assuming the 10 was on the track, the times might make one wonder about the accuracy of the 20 Km course.) . In East Germany, Peter Frenkel and Karl-Heinz Stadtmuller both did 1:25:40 ahead of Hans-Georg Reiman, 1:26:19. . In the USSR, it was Anatoly Solomin in 1:26:32, Yegenyi Yesyuko, 1:26:41, and Pyotr Potschenchuk 1:26:45. . Jim Heiring won the NAIA 10 Km in 47:35. . In Bergen, Norway, Bautista did a world's best 40:51.6 for 10 Km. . The US. beat Canada in a dual meet as Dan O'Connor won the 20 in 1:35:31 (Todd Scully had 1:34:05 as a non-scorer) and Jerry Lansing won the 35 KM (really just 32.66 Km as it turned out) in 2:46:20, just 8 seconds ahead of Augie Hirt.

30 Years Ago (From the May 1981 ORW)—Jim Heiring and Alan Price both won two National titles. Jim took the 20 in Kenosha, Wis. in 1:30:47 and the 10 on the track at Stagg Field in Chicago in 45:08. Price won the 100 Km in Arlington, Vir. in 11:17:11 and four weeks later the 100 mile in Methuen, Mass. with a 20:09:18. In the 100 Km, Price took the title, but Israel's Shaul Ladany easily won the race in 10:24:14. Sal Corrallo won the master's title in third place. Bob Keating was just 22 minutes behind Price in the 100 miler and Ohio's own Jack Blackburn also; went under 21 hours. In the 20, Dan O'Connor was second to Heiring in 1:32:20, followed by Marco Evoniuk and Todd Scully. Evan Fox led Mike DeWitt and Jay Byers for second place in the 10. . Vicki Jones beat Paula Kash to win the women's National 20 Km in California. Vicki finished in 1:53:59, Paula in 1:55:03 with Lori Maynard another 2 minutes back.

25 Years Ago (From the May 1986 ORW)—Many more National titles were contested. Debbi Lawrence won the women's 20 Km in Overland Park, Kan., finishing in 1:45:07 and Carl Schueler took the men's 25 Km at the same site with his 1:53:28. Teresa Vaill was 33 seconds behind Debbi with Canada's Micheline Daneau third and Susan Liers fourth. Jim Heiring led Schueler through 15 Km and finished just 3 seconds behind in second. Dave McGovern and Gary Morgan were third and fourth. . The National 15 Km in Long Beach went to Tim Lewis in 1:06:47. Paul Wick was 1:20 behind and Steve Pecinovsky nearly 3 minutes back in third. McGovern, Larry Walker, and Morgan followed. . The National 50 Km was held in Seattle, with Marco Evoniuk winning in 4:13:32. Dan O'Connor went just under 4:20 in second and

1920s. (An insert even further back, thanks again to the Vaitones' web searches.) Pictured here is Willie Plant who won 14 National Racewalking titles from 1917 through 1927. Four of these came at 1 Mile Indoors with a best time of 6:34.8 in 1927. One was at 3000 meters in 1920 (13:08). Four were at 3 Miles, with a best of 21:50.1 in 1922. The other five were at 7 miles with a best of 53:04.4 in 1917.



Eugene Kitts had 4:23:56 in third. Randy Mimm, John Slavonic, and Mark Fenton rounded out the top six. . .Teresa Vaill and Tim Lewis won the Rockport 5 Km walks in Denver in 23:54 and 20:51. Debbi Lawrence and Gwen Robertson were second and third in the women's race, and Carl Schueler and Dave Cummings second and third in the men's race. . .In the John Ljunggren Sweden Cup, East Germany's Hartwig Gauder won the 20 in 1:21:15 ahead of Victor Ivanenko, USSR, 1:22:18. The women's race went to Vera Osipova, USSR, in 1:35:52, ahead of Ann Jansson, Sweden, 1:26:18, probably one of the first elite international 20 Km races for women.

15 Years Ago (From the May 1996 ORW)—Victoria Herazo retained her National 20 Km in Albany, N.Y. in 1:40:31.8, but fell well short of the record she set a year earlier on the same course—1:35:40. She went after it, going through the first 5 in under 23 minutes, but wasn't helped by weather conditions. Debbie Benton was a distant second in 1:54:32. In the men's National 25 Km held concurrently, Gary Morgan was aiming for a sub 1:30 at 20 Km and missed it by just 7 seconds. He went on to a personal best 1:54:48.5. John Soucheck was second in 2:11:02. . .In the Mortland 20 Km in Yellow Springs, Ohio, Cedarville College's Chad Eder blitzed a 1:29:56. . .

10 Years Ago (From the May 1996 ORW)—Curt Clausen walked 41:29.15 to beat Al Heppner by 6 seconds in the Penn Relays 10 K. In the junior race, Ben Shorey did 44:16.68 to beat Matt Boyles by more than 4 ½ minutes. Sara Stevenson (22:16.34) beat Jill Zenner by half a second in the women's 5 Km. Amber Antonia was nearly a minute back in third. . .European Cup titles went to Russia's Olimpiadi Ivanova (1:26:48), Russia's Viktor Burayev (1:19:30) and Spapin's Jesus Garcia (3:44:16). Natalya Fedoskina, Russia was second in the women's race in 1:26:50, with Italy's Elisabetta Perrone third in 1:27:09. Yevgeniy Misyulya, Russia (1:29:45) and Andreas Erm (Germany) (1:19:51) were second and third in the men's 20. Francisco Fernandes was 2 seconds over 1:20 in fourth. The 50 saw six under 3:50, with Russian Nikolay Matyukhin second in 3:45:58.

5 Years Ago (From the May 2006 ORW)—In World Cup races, team titles went to Spain in the Men's 20 and 50 Km races and to Russia in the Women's 20 and both Men's and Women's Junior 10 Km. In the men's races, Russia and Poland were runners up. China was second in the women's 20, Ukraine second in the Jr. women's 10 and Belarus second in the Jr. men's 10. In the men's 20, Spain's Francisco Fernandez won in 1:18:31, 27 seconds ahead of Ecuador's Jefferson Perez. Denis Nizhegorodov, Russian won the 50 in 3:38:02 with Norway's Trond Nymark second in 3:42:38. The women's 20 went to Ryta Turava, Belarus in 1:26:27, ahead of Russia's Olimpiadi Ivanova (1:27:26) Junior titles went to Sergey Morozov in 40:26 and Vera Sokolova in 44:49.2, both from Russia. The best U.S. finish was Kevin Eastler's 1:22:47 in 14th place. Teresa Vaill had a 1:35:46 and Joanne Dow a 1:35:14 while finishing 34th and 36th in the women's 20. . .Mike Tarantino walked a 1:33:34 to win the Mortland 20 Km in Dayton, Ohio and Matt Dewitt had a 1:33:54 in Kenosha, Wis. Sam Cohen won the women's 20 in Kenosha with 1:36:39, more than 3 minutes under her previous best.